

October 31, 2008

White Mountain Aquatic Foundation  
PO Box 767  
North Conway, NH 03860

Dear Board of Directors,

It is with pleasure and enthusiasm that I write this letter in support of the White Mountain Aquatic Foundation's plan to build an extensive aquatic center in the Mount Washington Valley.

This fabulous idea, when brought to fruition will, no doubt, be extremely successful and bring joy, fitness, wellness and even rehabilitation to the people who participate in what this facility has to offer. Additionally, there will be many job opportunities for those certified in such things as life saving, swimming instruction, and child care, to name a few. Also there will be maintenance, front desk and support staff employment opportunities.

The residents of this valley certainly need a multi-use, multi-purpose center such as this to realize the life enhancement benefits of being in or near water, and it will be so wonderful to see the commitment to our sense of community thrive through fitness, recreation, competition, education and rehabilitation, and socialization.

My particular involvement would be in the area of rehabilitation. As a Physical Therapist and the owner of Mountain Center Physical Therapy & Sports Rehab, Inc., I am honored to have been asked to take part in the design of the rehab pool and surrounding area. I will certainly commit to providing the licensed Physical Therapists who specialize in Aquatic Therapy to provide treatments to those who have sustained injuries, illnesses, etc. This "pool" will lead to interest in memberships to the fitness pool.....and prevention, wellness, fitness and lifestyle changes begin...

Just the social aspect of the White Mountain Aquatics Center will be a perfect example of the true core of the communities in the Mount Washington Valley. This will extend above and beyond all of our present expectations and thrive as a central, integral focal point.

Again, my gratitude is unyielding toward those who have pioneered this idea, and my support toward this project is strong. I firmly commit to participating in the entire project and the rehabilitation component in particular.

Very truly yours,

Betsy Donovan, PT, MS  
President Mountain Center Physical Therapy & Sports Rehab, Inc.  
Conway NH and Fryeburg ME